Mihai Costache

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Height: 6'4"
Weight: 130 kg (20 st 7 lb)
Hair: Brown
Eyes: Brown



STAGE

The Bald Prima Donna	Lead (Mr. Martin)	Romanian Cultural Institute, Barons Court Theatre / Ema Nicola, London, UK, 2025
Buckets	Lead (D.)	Identity School of Acting / Simon Wegrzyn, London, UK, 2019
The Bear	Actor	Teatrul PLAI / Gelu Colceag, Bucharest, RO, 2016
The Lost Letter	Supporting (Siripeanu)	Bulandra Theatre / Doru Ana, Bucharest, RO, 2015
Poker	Supporting (Bruce L.)	Comedy Theatre / Alexandru Tocilescu, Bucharest, RO, 2015
Novecento	Lead (Tim Tooney)	Godot Theatre / Daniel Lungu, Bucharest, RO, 2014
The Belgrade Trilogy	Lead (Dule)	Casandra Theatre / Jenniffer Corrales, Bucharest, RO, 2014
Just a Fuss	Lead (Iancu)	Comedy Theatre / Gelu Colceag, Bucharest, RO, 2013
Three Sisters	Supporting (Andrei)	National Theatre / Ciprian Nechita, Bucharest, RO, 2013
Biloxi Blues	Supporting (Selridge)	National Theatre / Mircea Rusu, Bucharest, RO, 2012
A Fitting Confusion	Lead (Moulineaux)	Comedy Theatre / Valeria Sitaru, Bucharest, RO, 2011
The Seagull	Supporting (Dorn)	National Theatre / Vlad Cristache, Bucharest, RO, 2011

TELEVISION

A Gypsy's Heart	Supporting (Matei)	Media Pro Pictures / Iura Luncasu, Bucharest, RO, 2008
More than Ever	Lead (Andrei)	TOSH G&V / Laura Ducu, Bucharest, RO, 2006
Maria's Secret	Supporting (Iacob)	Intact Production / Enrique Acosta, Bucharest, RO, 2005

COMMERCIALS

Prigat Lemonade (TV)	TV Presenter	Prigat beverages, RO, 2014

TRAINING

Content, Media and Film Production	BA	MetFilm School, London, UK, 2020–2024
Acting through Movement	Andrew Elkins	Identity School of Acting, London, UK, 2019
Camera Technique	Alex Igbanoi	Identity School of Acting, London, UK, 2018
Alexander Voice Technique	Giles Abbot	Identity School of Acting, London, UK, 2017
Meisner Technique	Trine Garrett	Foreign Affairs, Bucharest, RO, 2014
Acting, Master's	Gelu Colceag	National University of Theatre and Cinematic Art, Bucharest, RO, 2009–2011
Acting, Bachelor's	Doru Ana	National University of Theatre and Cinematic Art, Bucharest, RO, 2006–2009

SPECIAL SKILLS

Languages: Romanian (native), English (fluent), French, Italian

Accents and dialects: East European, Romanian, Russian, Ukrainian, Polish, Serbian, Albanian, Greek, Italian, French, Canadian

Sports: Badminton, Basketball, Bowling, Bungee Jumping, Climbing, Qigong, Rugby, Skiing, Stage Combat

Stage combat (APC Basic): Unarmed, Knife, Single Sword, Rapier & Dagger, Rapier & Buckler, Rapier & Gauntlet, Single Axe, Staff

Music and dance: Bass-Baritone, Rock Singing, Waltz

Performance: Adler Technique, Audio Books, Audio Drama, Comedy, Commedia dell'Arte, Dubbing, Forum Theatre, Green Screen, Immersive Performance, Live Roleplay, Living History, Mask, Meisner Technique, Motion Capture, Murder Mystery Events, Outdoor Performances, Physical Comedy, Physical Theatre, Poetry Reading, Presenting (Science), Public Debating, Public Speaking, Radio Drama, Radio News Reader, Radio Presenting, Repertory, Role Play, Scare Actor, Sight-Reading (non-musical), Skin Work, Spoken Word, Storytelling, Strasberg Technique, Street Theatre, Teleprompter/Autocue, Theatre in Education, Translation Audio Books, Voice Acting, Voice Over, Writer/Director (Comedy Fringe)

Other skills: Balloon Modelling, Counselling, Improvisation, Life Coach, Living Statue, Poker, Reiki, Translating

Vehicle licences: Car Driving Licence, Motorcycle Licence, TPH Private Hire Driver Licence

PRODUCTION

How to Speak to Space Whales	Sound Rec/Design	MetFilm School / Sumeet Mall, UK, 2024
Pierre Victoire	Videographer/Editor	Independent work, UK, 2023
Cheap Rent	Sound Rec/Design	MetFilm School / Alfie Bowering, UK, 2023
Pizza del Sud	Videographer/Editor	Independent work, UK, 2022
Al Forno Restaurant	Videographer/Editor	Independent work, UK, 2022
The Driver's Story	Director/Editor	MetFilm School / Mihai Costache, UK, 2021
Your Ride is Here	2nd AC	MetFilm School / Srishti Chhabria, UK, 2021
Lookup through lockdown	1st AD	MetFilm School / Max Rowley, UK, 2020